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EPONYMOUS DISEASES LIST BASE - A

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Disease	Etymology and Synonyms	Etiology	Radiological Signs	Investigations	Drug of Choice	Investigation of Choice	Signs and Symptoms
Alzheimer's Disease	Named after Alois Alzheimer	Neurodegenerative disease	Brain atrophy, amyloid plaques	MRI, PET scan	Cholinesterase inhibitors, memantine	Neuropsychological testing	Memory loss, cognitive decline
Addison's Disease	Named after Thomas Addison	Adrenal insufficiency	Adrenal gland atrophy	Blood tests (cortisol, ACTH)	Corticosteroids	Blood tests	Fatigue, weakness, weight loss
Amyotrophic Lateral Sclerosis (ALS)	Also known as Lou Gehrig's disease	Neurodegenerative disease	Muscle atrophy	EMG, nerve conduction studies	Riluzole	Neurological examination	Muscle weakness, difficulty speaking
Ankylosing Spondylitis	Named after Pierre Marie and Pierre Bertolotti	Inflammatory disease	Fusion of vertebrae	X-rays, MRI	NSAIDs, TNF inhibitors	Blood tests (HLA-B27)	Back pain , stiffness, fatigue
Ataxia-Telangiectasia	Named after Pierre Marie and Pierre Bertolotti	Neurodegenerative disease	Cerebellar atrophy, telangiectasias	Genetic testing, MRI	No cure	Neurological examination	Muscle coordination problems, slurred speech
Bell's Palsy	Named after Sir Charles Bell	Facial nerve paralysis	Facial asymmetry	EMG	Corticosteroids	Neurological examination	Facial weakness, drooping
Cushing's Syndrome	Named after Harvey Cushing	Excess cortisol production	Moon face , buffalo hump	Blood tests (cortisol, ACTH)	Surgery, medication	Blood tests	Weight gain, fatigue, high blood pressure
Crohn's Disease	Named after Burrill Crohn	Inflammatory bowel disease	Thickened intestinal walls	Colonoscopy, endoscopy	Anti-inflammatory drugs, immunosuppressants	Stool sample, blood tests	Abdominal pain , diarrhea, weight loss
Down Syndrome	Named after John Langdon Down	Genetic disorder	Extra chromosome 21	Genetic testing	No cure	Physical examination	Delayed development, distinctive facial features
Huntington's Disease	Named after George Huntington	Neurodegenerative disease	Cerebral atrophy	Genetic testing	No cure	Family history, neurological examination	Involuntary movements, cognitive decline
Kawasaki Disease	Named after Tomisaku Kawasaki	Vasculitis	Inflammation of blood vessels	Echocardiogram, blood tests	Immunoglobulin therapy, aspirin	Blood tests	Fever, rash, swollen lymph nodes
Klinefelter Syndrome	Named after Harry Klinefelter	Genetic disorder	Extra X chromosome	Genetic testing	Hormone therapy	Physical examination	Infertility, tall stature
Marfan Syndrome	Named after Antoine Marfan	Connective tissue disorder	Long limbs, heart defects	Genetic testing, echocardiogram	Medication for heart problems	Physical examination	Tall stature, joint pain
Meniere's Disease	Named after Prosper Meniere	Inner ear disorder	Increased fluid pressure in inner ear	Audiogram, MRI	Diuretics, antihistamines	Physical examination	Vertigo, tinnitus, hearing loss
Multiple Sclerosis (MS)	Named after Jean-Martin Charcot	Autoimmune disease	Inflammation of myelin sheath	MRI, lumbar puncture	Disease-modifying drugs	Neurological examination	Weakness, fatigue, vision problems
Parkinson's Disease	Named after James Parkinson	Neurodegenerative disease	Dopamine deficiency	MRI, PET scan	Levodopa-carbidopa, dopamine agonists	Neurological examination	Tremor, rigidity, bradykinesia
Raynaud's Phenomenon	Named after Maurice Raynaud	Vasospasm	Cold fingers and toes	Physical examination	Calcium channel blockers, alpha-blockers	Physical examination	Numbness, tingling, color changes
Sjogren's Syndrome	Named after Henrik Sjogren	Autoimmune disease	Dry eyes and mouth	Blood tests, salivary gland biopsy	Artificial tears, medications	Blood tests	Dry eyes, dry mouth , joint pain
Turner Syndrome	Named after Henry Turner	Genetic disorder	Missing X chromosome	Genetic testing	Hormone therapy	Physical examination	Short stature, infertility
Wernicke-Korsakoff Syndrome	Named after Carl Wernicke and Sergei Korsakoff	Brain disorder due to thiamine deficiency	Brain damage	Blood tests (thiamine levels)	Thiamine supplementation	Neurological examination	Confusion, memory loss

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Celiac Disease	Named after Theophilus von Trümpner	Autoimmune disease	Damage to small intestine	Blood tests (antibodies), endoscopy	Gluten-free diet	Blood tests	Abdominal pain , diarrhea, weight loss
Graves' Disease	Named after James Graves	Hyperthyroidism	Enlarged thyroid gland	Blood tests (thyroid hormones)	Antithyroid medications, surgery	Blood tests	Weight loss, anxiety, rapid heartbeat
Lyme Disease	Named after Lyme, Connecticut	Tick-borne illness	Erythema migrans rash	Blood tests (antibodies)	Antibiotics	Blood tests	Fever, fatigue, joint pain
Pernicious Anemia	Named after Thomas Addison	Vitamin B12 deficiency	Megaloblastic anemia	Blood tests (vitamin B12 levels)	Vitamin B12 injections	Blood tests	Fatigue, weakness, tingling
Pituitary Dwarfism	Caused by a deficiency in growth hormone	Hormonal disorder	Short stature, delayed puberty	Blood tests (growth hormone levels)	Growth hormone therapy	Blood tests	Short stature, delayed puberty
Rheumatoid Arthritis	Named after Alfred Garrod	Autoimmune disease	Joint inflammation	X-rays, blood tests	Disease-modifying antirheumatic drugs (DMARDs)	Blood tests	Joint pain , stiffness, swelling
Sickle Cell Disease	Named after the shape of red blood cells	Genetic disorder	Sickle-shaped red blood cells	Blood tests	Pain management, blood transfusions	Blood tests	Painful crises, anemia
Tay-Sachs Disease	Named after Warren Tay and Bernard Sachs	Neurodegenerative disease	Cherry-red spot on retina	Genetic testing	No cure	Neurological examination	Delayed development, seizures
Tourette Syndrome	Named after Georges Gilles de la Tourette	Neurological disorder	Tics	Neurological examination	Medications	Neurological examination	Tics, vocalizations, compulsions
Von Willebrand Disease	Named after Erik von Willebrand	Bleeding disorder	Excessive bleeding	Blood tests (vWF levels)	Desmopressin, factor VIII	Blood tests	Easy bleeding, nosebleeds
Bipolar Disorder	Named after Emil Kraepelin	Mental health disorder	Mood swings	Psychiatric evaluation	Mood stabilizers, antidepressants	Psychiatric evaluation	Mania, depression
Chronic Fatigue Syndrome	Named after Bruce W. Hyams	Chronic fatigue	Fatigue, cognitive problems	Blood tests (to rule out other conditions)	Symptom management	Blood tests	Fatigue, brain fog, sleep problems
Fibromyalgia	Named after James F. Fibiger and Russell L. Mold	Chronic pain syndrome	Widespread pain	Physical examination	Pain management, antidepressants	Physical examination	Widespread pain , fatigue
Gout	Named after the Greek word gout (meaning drop)	Inflammatory disease	Joint inflammation	Blood tests (uric acid levels)	NSAIDs, allopurinol	Blood tests	Joint pain , swelling, redness
Osteoporosis	Named after the Greek words osteon (bone) and porosis (porous)	Bone disease	Decreased bone density	Bone density scan	Calcium, vitamin D supplements	Bone density scan	Increased risk of fractures
Pancreatitis	Named after the Greek word pancreas (meaning all flesh)	Inflammation of the pancreas	Abdominal pain , nausea	Blood tests (lipase, amylase)	IV fluids, pain management	Blood tests	Abdominal pain , nausea, vomiting
Pneumonia	Named after the Greek word pneumon (meaning lung)	Lung inflammation	Chest X-ray	Blood tests, sputum culture	Antibiotics	Chest X-ray	Cough, fever, shortness of breath
Schizophrenia	Named after the Greek words schizo (meaning split) and phren (meaning mind)	Mental health disorder	Delusions, hallucinations	Psychiatric evaluation	Antipsychotic medications	Psychiatric evaluation	Delusions, hallucinations, disorganized thoughts
Seizure Disorder	Also known as epilepsy	Neurological disorder	Seizures	EEG	Anticonvulsant medications	EEG	Seizures, loss of consciousness
Stroke	Also known as cerebrovascular accident (CVA)	Brain damage due to blood clot or bleeding	Weakness or numbness on one side of the body	CT scan, MRI	Blood thinners, rehabilitation	CT scan, MRI	Weakness, numbness, difficulty speaking

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Thyroiditis	Named after the Greek word thyreos (meaning shield)	Inflammation of the thyroid gland	Enlarged thyroid gland	Blood tests (thyroid hormones)	Medication, surgery	Blood tests	Fatigue, weight gain, cold intolerance
Ulcerative Colitis	Named after the Latin words ulcer (meaning sore) and colitis (meaning inflammation of the colon)	Inflammatory bowel disease	Ulcers in the colon	Colonoscopy	Anti-inflammatory drugs	Ulcerative Colitis	Named after the Latin words ulcer (meaning sore) and colitis (meaning inflammation of the colon)

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