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PURUSHARTH (MEANING OF HUMANITY)

- ART (कला)
 - YOGA (ART OF COMBINATIONS) is employed to to [balance](#) the energies in the [body/mind](#).
 - According to Bhagvat gita
 - Four Yogas, also known as the Four paths to realization
 - [Gyan yoga \(path of self-realization" \)](#) ,
 - [karma yoga \(path to action \)](#) , Law of karma, rebirth and final liberation
 - [bhakti yoga \(path to devotion \)](#) path to god , immortality
 - [Raja yoga \(Path of Meditation \)](#)
 - [MANTRA OR ARS COGNITIONIS \(MNEMONIC OR TECHNIQUES OF MIND \)](#)
 - [CHITRA \(DRAWING OR ABSTRACT ART \)](#)
 - [kamasutra \(ART OR FORMULAS OF SEXUAL PLEASURE \)](#)
 - [YATRA OR ART OF JOURNEY OR TRAVEL](#) , pilgrimage, processions
 - [ASTRA AND SHASTRA OR ART OF WEAPONS](#)
- Puruṣārtha) literally means [object](#)(ive) of men
 - Dharma (righteousness, moral values),
 - Artha (prosperity, economic values),
 - Kama (pleasure, love, psychological values)
 - Moksha (liberation, spiritual values, self-actualization)
- Dakshina: Donation or gift to one's teacher
- Guru [yoga](#) and Guru devotion (bhakti)

DHARMASUTRA

- The four Āśrama (stages) are:
 - Brahmacharya (student [life](#))
 - from birth till 25 years of age
 - goes to school , gurukul
 - work to earn dakshina to give to guru
 - Entry ritual
 - Upanayana (initiation) , janau
 - Admission
 - leaving ritual
 - Samavartana or snana (ceremonial bath) and guru dakshina is given
 - Graduation or convocation ceremony
 - Gṛhastha (householder)
 - from 25- 50 years of age
 - Entry ritual (wedding ceremony)
 - Leaving ritual (Divorce ceremony)
 - Vanaprastha (forest walker/forest dweller)
 - from 50 - 75 years of age
 - retired [life](#)
 - Sannyasa (renunciate)

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