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# YANTRAS

## 2D YANTRAS

- yantras (mystic diagrams)
- Thought forms ( [alphabet](#) of [human](#) thoughts )
  - Quality of thought determines [colour](#).
  - Nature of thought determines form.
  - Definiteness of thought determines clearness of outline
- colours
  - sattvic or quality of purity ( white )
  - rajas or quality of activity ( red )
  - tamas or quality of inertia ( black )
- Directions
  - upward pointing triangle ( [male](#) )
  - downward pointing triangle ( [female](#) )
  - Simple square which is neither [up](#) and nor down
  - combination of both is called mandala
- Circle of [Leaf](#) and spikes
  - Simple circle are called as chakras which are neither soft nor [harsh](#) denoted by [bindu](#) from which [life force](#) emanates
    - Lotus is used to define gentleness and softness
    - spikes , thorns are used to define harshness , hardness of disease

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Last update: **2024/06/19 15:50**

